



# **Sexual Assault Response Services**

## *of Southern Maine*

P.O. Box 1371  
Portland, ME 04104

P.O. Box 1605  
Sanford, ME 04073

**24-Hour Hotline: 1-800-313-9900**

infosars@sarsonline.org  
www.sarsonline.org

---

## **MALE SURVIVORS OF SEXUAL ASSAULT**

### Facts about Men and Rape

- Men get raped by other men
- Rapists who rape men are heterosexual in 98% of the cases
- In all parts of society both gay and heterosexual men get raped and not just in prison
- Men are less likely to report rape

Most of us grow up thinking that rape happens only to women. If male rape survivors think so too, they may feel isolated and alone. If people in our community believe that, they may further this sense of isolation on the part of the male rape survivors.

Men usually share many of the same feelings of female sexual assault survivors. They may feel:

- Guilty
- Powerless
- Concern regarding their safety
- Denial
- Shock
- Anger

There are, however, special issues that may be different for men:

- Concerns about sexuality and/or masculinity
- Medical procedures
- Reporting to law enforcement
- Telling others
- Finding resources and support

**Strong or weak, outgoing or withdrawn, gay or heterosexual, old or young, male or female; no one does anything that justifies sexual assault.**

***Help, Hope, and Healing***